



**SoLDAS**

SOUTH LINCOLNSHIRE  
DOMESTIC ABUSE SERVICE

Boston Women's Aid | Charity Number 519445

## Spring Newsletter 2023



### Our Rural Community Hubs

Free Support for victims of  
domestic abuse at:

Boston  
Wednesday 10am-2pm

Spalding  
Tuesday 10am-2pm

Holbeach  
Thursday 10am-2pm

Sutton Bridge  
Thursday 10am-2pm

### Dear Supporter, welcome to our Charity! Here's a little introduction...

Boston Women's Aid has been providing specialist Domestic Abuse Services since 1987.

Our services have grown over the years, as well as providing refuge for people from all over the country, we aim to reach people living in rural parts of South Lincolnshire which is reflected in our name SoLDAS (South Lincolnshire Domestic Abuse Service).

We support Men, Women and Children who are living with or have experienced Domestic Abuse.

#### We are here to:

- ✓ Support victims of abuse and their families
- ✓ Provide refuge for individuals and families fleeing Domestic Abuse which includes emotional and practical support
- ✓ Prevent future Domestic Abuse in the next generation through our work in schools
- ✓ Give one to one direct support in our Rural Community Hubs
- ✓ Help victims understand the effects of Domestic Abuse anempowered to move on to live a life free from abuse through our direct work and the Freedom Programme.

### Re-Launch of our MOT Project

We are excited to announce the re-launch our MOT Project in April 2023. MOT is a fantastic project, which focuses on volunteers providing 1-1 support to survivors, who are on the road to recovery, by helping them gain the skills and confidence they need to move on.

We are looking for people with a range of life skills and experience to join our volunteer team. If you are interested in becoming an MOT volunteer please contact Rachel: [rachelf@bostonwa.co.uk](mailto:rachelf@bostonwa.co.uk) or call 01205 311272.

### Did you know we support male victims too?

Boston Women's Aid prides itself on supporting people from different genders, backgrounds, ethnicities and cultures. We have been supporting males for a number of years through our Hub services, but are proud to say that we have recently supported our first male victim through Refuge services. With our dispersed properties we are able to offer Refuge to male victims of domestic abuse, as well as larger families and families with additional needs.

### Easter Donation Appeal

We are appealing for Easter donations please. We would love to provide our families in Refuge with some Easter Eggs, gifts and activities this year. If you are able to donate towards our Easter Appeal please contact [admin@bostonwa.co.uk](mailto:admin@bostonwa.co.uk) or call us on 01205 311272.

We would gratefully accept supermarket gift vouchers too, in which we could purchase Easter gifts for our families.  
Thank you!



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[\(@SoLDASBostonWo1\) / Twitter](#)



[SoLDAS Boston Women's Aid | LinkedIn](#)



[Boston Womens Aid \(@soldasbwa\)](#)  
• [Instagram photos and videos](#)

## EXCITING NEWS—Launch of Sutton Bridge Hub

Thanks to grant funding from The Grange Wind Farm, managed by Lincolnshire Community Foundation, SoLDAS sees the start of a fourth Rural Community Hub offering support to victims of domestic abuse in the Sutton Bridge area.

Every Thursday, specialist experienced domestic abuse workers from SoLDAS will be at the Sutton Bridge Hub to meet and support local victims of domestic abuse—male and female. In this informal setting, people can sit over a cup of coffee and discuss privately their experiences and concerns with a professional who understands and can help victims to safety plan and if they are ready, to end the abuse they and their children are experiencing. We have recognised the need for a Rural Community Hub in Sutton Bridge following on from disclosures of domestic abuse, during our workshop delivery in the area and our work within the local community.

The media has continued to highlight domestic abuse and with this in mind, we are aware that it's crucial for our service to continue to reach people in rural areas who may not have access to support locally. Access to services is very poor unless you have a car in rural areas of Lincolnshire. Many victims are therefore further isolated and without ready access to support services - victims cannot get the support they need to access the urgent support required, when suffering domestic abuse. SoLDAS hopes that the Sutton Bridge example might see the continuation of a series of Rural Community hubs, in the most rural parts of Lincolnshire and we would welcome the opportunity to partner with other charities or parish councils to establish hubs in their villages.

## International Women's Day

This year International Women' Day took place on Wednesday 8th March. We wanted to celebrate with our wonderful families in Refuge and what a fantastic afternoon we had. A huge thank you to our fantastic Refuge staff for organising a fun-filled day!



## Thank you!



LLOYDS BANK  
FOUNDATION  
England & Wales



NATIONAL  
LOTTERY FUNDED



Lincolnshire  
COMMUNITY FOUNDATION  
Grange Wind Farm  
Community Fund



Longhurst  
Group

platform  
housing group

Thank you to all of the above funders for your ongoing support to the service. Also a huge thank you to Holbeach United Charity and the many other financial donations that we have received during the year. Without you all it would not be possible!

## Asda Green Tokens

*We've been chosen for the Green Token Giving at Asda Boston. We would be extremely grateful if you could vote for us today and we could receive £500 from Asda Foundation. Voting is simple, please follow the link below, select 'Boston' from the drop-down box and vote .*

<https://www.asda.com/green-tokens>

## Get in touch, we'd love to hear from you

If you would like to contact us about anything you have read today or to have a chat about our charity and the work we do, please call 01205 311272 or email [admin@bostonwa.co.uk](mailto:admin@bostonwa.co.uk)

## Please help support us through the South & East Lincolnshire Community Lottery!

50% of all tickets purchased is donated to our service!  
[Support Boston Womens Aid when you play South and East Lincolnshire Community Lottery - South and East Lincolnshire Community Lottery \(selcplottery.co.uk\)](https://www.selcplottery.co.uk)

## BWA QR Code

Please let us know if you are able to display our QR code in a public place and we can send you a copy This is a great way for people to donate.



Scan. Pay. Go.



Art created by children in Refuge age 11 and 14

